

Mt. Price  
9,975'

Susie  
Lake

# Leave No Trace Principle 7 Be Considerate Of Other Visitors

Name: \_\_\_\_\_

*Your journey to becoming an environmental steward continues here! Follow the Tahoe Rim Trail through the 7 Leave No Trace (LNT) Principles to develop outdoor ethics and earn your Leave No Trace Awareness certificate! Now stay on trail to learn LNT Principle 7 - Be Considerate of Other Visitors.*



When you come along the same path as other people, whether you are on a city sidewalk or wilderness trail, it is important to be kind to them! This may include stepping to the side when someone comes your way and keeping a positive attitude. When you are out and about think about how you can show respect to others.

**THINK:** When you are walking on a trail and an 'equestrian', someone riding a horse, comes toward you, what should you do?

**HINT:** Follow the trail etiquette triangle! See the triangle to the right to determine if you have the 'right of way' or if you need to step aside to 'yield'. Fill in each textbox with the type of trail user.



**Answer This!** When should you step aside for an equestrian?

## Consider This

Treat others how you would like to be treated!

Sounds simple, right? Sometimes it's not that obvious when we are doing something that we enjoy, but others don't. Think about times when someone wasn't considerate of you. How did it make you feel? Match each description with the emoji of how it makes you feel by writing the number of the emoji next to each description. There is no right or wrong answer and you can use the same emoji more than once!

*You are at a park talking with your friends when a group sits near you blasting music that you dislike. How does this make you feel?*

1



*You are carefully walking on a rocky trail and someone's dog jumps on you and knocks you over. How does this make you feel?*

2



*You are listening to birds singing at a park and other visitors are staying quiet to hear the sounds of nature. How does this make you feel?*

3



*You are taking a walk in your new shoes and step in dog poop. The person walking in front of you didn't clean up after their dog. How does this make you feel?*

4



*You are riding your bike and someone is lying in the middle of the path with their gear to take a rest break. How does this make you feel?*

5



*You are walking on a trail and spot a group of deer, but another visitor starts yelling and scares the deer away. How does this make you feel?*

6



## Cleaning Up Your Community

Being considerate to others means trashing your trash! Take it a step further by cleaning your community!

In the Tahoe Basin, locals see many visitors come to admire the beautiful beaches and amazing trails, while leaving their trash behind. We already know how this is harmful to the environment, but it can also be frustrating to other visitors and the people living there!

### Trash This Trash!

- Soda can or juice box
- Water bottle
- Bottle cap
- Candy or snack wrapper
- Plastic bag
- Paper
- Net or string
- Plastic fork or spoon
- Fast food wrapper or bag
- Straw or straw wrapper
- Trash bigger than your hand
- Trash smaller than a penny

**Here's the game** - You are going to show your inner steward by cleaning up your neighborhood or local trail. The catch is... you're on a scavenger hunt to find the "jewels" and "gems" of litter. All you'll need is to put on a pair of gloves, grab a plastic or paper bag, and be considerate of your community! If you don't have gloves, use a plastic bag as a glove instead. See a piece of trash, pick it up. Bonus points if it's on the list to the left, and even more if you can fill a whole bag up! Collect as much litter as you can, snap a picture of your "treasures", trash that trash, and wash your hands!

Do you feel good cleaning up your community and want to get more involved?

Volunteer to clean-up litter! In the Tahoe Basin, you can sign up to volunteer with the League To Save Lake Tahoe for their annual beach clean-up around the lake, Read [this article](#) to see the impact volunteering makes and click the logo to the right to get involved!



## Reflecting For Mindfulness

Now grab the picture of the litter you found and let's reflect!

1. Where did you go on your trash scavenger hunt? Did you find a lot of trash? If so, how did it make you feel? Explain.
2. How many litter items in the scavenger hunt were you able to find? Which ones? Check off the ones you found in the list on page 3.
3. What other Leave No Trace principles does the trash clean-up activity relate to? Give an explanation for each principle.
4. What are 3 ways you can be considerate to other visitors? **HINT:** Keep cleaning up your community! You don't need to volunteer or do a scavenger hunt to clean up litter around your neighborhood.

5. Why do you think it's important to be considerate to other visitors?

**HINT:** Being considerate means allowing others to enjoy the sounds of nature! Talking loudly on the phone can disrupt wildlife and other visitors. Don't be that guy →



*"Hey—this is the quiet trail!"*

*YOU DID IT! After filling out this worksheet, you have completed your trek through the 7 Leave No Trace Principles and are now an environmental steward! You have shown **consideration** for the environment and have the power to pass along your new knowledge to others in your community!*

Receive your Leave No Trace Awareness certificate by sending this worksheet and a picture of your litter collection to [juliak@tahoerimtrail.org](mailto:juliak@tahoerimtrail.org). Further your impact by supporting the TRTA's mission to [inspire stewardship](#).

